



Immerse yourself in the beauty of

COSTA RICA

while learning about innovative eco-friendly farming practices.

- Become one of our first Friends of Sustainable Agriculture.
- Support local smallholders and their families and learn from their life stories.
- Experience two contrasting landscapes of sustainable agriculture production: the Osa Peninsula and the Dota Coffee Region.

SUSTAINABLE ECO EXPLORATION Costa Rica 2025

April 20-25
Eight Spots Available



Sustainable
Agriculture
Network



Meet the farmers who are making a difference.

The world needs transformative, collaborative action to address climate change, biodiversity loss, poverty and inequality.

Costa Rica's famous Osa Peninsula and Dota coffee region showcase invaluable ecosystems and biodiversity alongside sustainable agricultural communities.

A unique tour exploring sustainable agriculture in action

Costa Rica is a leader in sustainable and regenerative farming. By experiencing what is possible, we can increase support for what is crucial.

Learn how SAN's 33 member organizations empower farmers globally to adopt eco-friendly, climate-smart, and socially responsible practices for a prosperous future.

Witness how regenerative farms foster resilient ecosystems and communities, all while safeguarding rainforests and wildlife.





DISCOVER COSTA RICA AND ITS BREATHTAKING LANDSCAPES

on an Experiential Journey into Sustainable Farming and Biodiversity.



DAY 1 - OSA PENINSULA

Sustainable family agriculture

- Accommodations at the Hilton Botanika Resort
- Boat ride around Golfo Dulce
- Tour of the experimental farm in the Osa Cooperative & exchange with local producers
- Lunch at the Danta Corcovado Lodge

DAY 2 - OSA PENINSULA

Conservation and biodiversity

- Visit to the Corcovado National Park
- Informational talk with the Ministry of Agriculture, local nonprofit Conservation Osa and the Osa Local Development Association
- Social night at local seafood restaurant

DAY 3 - OSA PENINSULA

Bridging agriculture and ecosystems

- Visit to Rancho Quemado and walking tour with a local oil palm producer
- Boat ride through the Chocuaco Lagoon
- Arrival and lunch at Drake Bay
- Accommodations at Drake Bay Wilderness Resort

DAY 4 - DOTA

Landscape diversity

- Boat ride through mangrove canals of Sierpe
- Lunch at La Cusinga Lodge
- Bus ride to the Dota coffee region
- Accommodations at San Gerardo de Dota

DAY 5 - DOTA

Sustainable production: coffee and wine

- Tour of the experimental farm of the Dota Cooperative
- Visit to farms of two local producers
- Lunch at Cedrela Lodge
- Tour and wine tasting at Copey Wineries

Cost: \$7500

Estimated value: \$4,253*

Tax-deductible contribution: \$3,247

** International flights are not included*

For questions or reservations, please contact Bryce Belinski at bbelinski@san.eco.

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