

Dear friend—

You are invited to take a five-day educational, immersive, and experiential journey through farms and forests in Costa Rica, April 20–25, 2025. Eight (8) spots available.



Please join a **unique tour exploring sustainable agriculture in action** tailored to supporters of nature-based solutions. See how **regenerative farms build resilient ecosystems** and communities, while protecting rainforests and wildlife. Witness how the 33 nonprofit organizations in the **Sustainable Agriculture Network (SAN)** help farmers around the world become eco-friendly, climate smart, socially responsible and prosperous. Costa Rica's famous Osa Peninsula and Dota coffee region showcase invaluable ecosystems and biodiversity alongside sustainable agricultural communities.

This trip is offered by the **Friends of Sustainable Agriculture (FSA)**, a **new U.S.-based California-registered nonprofit organization**. FSA's mission is to accelerate a global movement toward sustainable agriculture through **partnerships, educational opportunities, and collaboration**. In particular, FSA allies with SAN, a 36-year-old nonprofit based in Costa Rica.

SAN, a coalition of local and global nonprofit groups, pioneered the concept of sustainable agriculture. With growing momentum, **SAN continues to engage farmers, scientists, companies and consumers** in a collective campaign to transform agriculture.

Take the tour for serious learning and exclusive adventure:

- **Awesome natural beauty and astounding biodiversity.** For example, Costa Rica, the size of West Virginia, has more bird species than all of North America.
- Experience **Costa Rican rural life and world-famous rainforest parks.**
- See how agriculture and nature can co-exist and are interdependent. **Meet successful, forward-looking farmers cultivating coffee, cacao, vanilla, oil palm and wine.** Listen to them explain how they thrive while helping to protect **one of the most biodiverse places on the planet** according to National Geographic.
- Witness firsthand how regenerative farming enhances ecosystems, **reduces the use of synthetic inputs, fosters biodiversity, mitigates climate change and strengthens rural livelihoods.** Hear from local guides, community leaders, government officials and NGO representatives, plus the farmers and farmworkers themselves.
- Learn how the SAN, **a global impact network of highly effective and experienced organizations**, is transforming agriculture across the globe.
- Leave knowing **how you can support sustainable and regenerative agriculture in Costa Rica** and around the world to heal and nourish our extraordinary planet.



For questions or reservations, please contact Bryce Belinski at bbelinski@san.eco.

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